



The Spa at L'Auberge Del Mar

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Just steps from some of the world's most dramatic cliff-lined sea escapes is L'Auberge Del Mar Resort, the 120-room boutique inn-by-the-sea. The Spa at L'Auberge offers the attention to detail of a fine hotel, the expertise of a destination spa and the personalized service of a small luxury inn.

The Spa at L'Auberge offers classic spa services that range from body massages to facial treatments, manicures, and pedicures. These treatments have been designed to blend natural products with state-of-the-art therapies. Guests are greeted with a robe and slippers, directed to the locker rooms and have access to amenities, such as our indoor Fitness Center; an outdoor heated pool, and two championship tennis courts.

The Spa offers a supple array of rejuvenation treatments that feature beauty products exclusive to L'Auberge Del Mar. These specialty products are available for purchase at the spa boutique, so clients can take a part of the L'Auberge Spa experience home with them.



SPA INFORMATION

Spa Hours

Sunday	9:00am-7:00pm
Monday	9:00am-6:00pm
Tuesday-Thursday	9:00am-7:00pm
Friday-Saturday	9:00am-8:30pm

Check In

Clients are asked to check in 15 minutes prior to scheduled appointment. Prices are subject to change without notice.

Reservations

Spa services are available on a daily basis by appointment. We recommend calling in advance to ensure that times are available. A credit card guarantee is required for all reservations.

Guest Cancellation

We request the courtesy of a 24-hour notice prior to scheduled time. Cancellations of less than 24-hours will be charged a 50% fee. Failure to appear or to cancel will result in being charged 100% of service fee.

A distinctive experience provided by Destination Hotels & Resorts.

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SPECIALTY TREATMENTS

Chardonnay Vitalité ~ Vinotherapy*

Body scrub, Wrap & Massage

Indulge in 105-minutes of head-to-toe body bliss with our signature line of wine therapy spa services. Discover the essence of beauty and vitality with this luxuriously, decadent vinotherapy using chardonnay grapes from France. Start with an opulent Pure Cane Sugar and Chardonnay Body Scrub to lightly exfoliate the skin. The body is then wrapped with four layers of steamed towels infused with the uplifting bouquet of Chardonnay, grapefruit and pomegranate for an aromascent-sational experience. After a refreshing shower, you receive a 50-minute relaxing massage of your choice.

105-minutes ~ \$210

Sweet Embrace ~ Tropical Fruits Therapy*

This sweet embrace starts with a meticulous full body exfoliation that will awake your senses and lift up your spirit as you breathe in the wonderful aromas of repairing tropical fruit extracts, papaya and pineapple. Impurities and toxins are sloughed away rendering the skin smooth to the touch and visibly brightened. Slip into a state of deeper relaxation as a seductively rich and creamy, Papaya and Pineapple De-aging balm is applied to the body. Enjoy the benefits of micro-emulsified Shea Butter, Tegospheres with Retinol, Pomegranate extract, and anti-aging tropical fruit extracts within the formula. The skin is rendered nourish, replenished, and wonderfully repaired. This tropical encounter continuous with a relaxing 50-minute Swedish massage.

105-minutes ~ \$210

Las Delicias~ Anti-free radical facial

This hydra-nutritive facial quenches dry and dehydrated skin. Vitamin A, D, and E combat premature aging and improve skin texture and appearance. This treatment soothes the skin with the effects of Azulene and brightens the complexion with the effects of delicious Mandarin essences. To ensure the absorbency of its active ingredients and micro-emulsified vitamins, a self heating and self-cooling mask is applied to the face to stimulate the vasodilatation and the vasoconstriction needed to render the skin velvety smooth, tight and vibrant.

50-minutes ~ \$140 80-minutes ~ \$185 *includes De-Stress Eye Treatment*

Elements~ rejuvenating facial

This facial combines the most potent natural ingredients that ocean and earth have to offer. A blend of stabilized 25% vitamin "C" comes together with a high tech formulation of freeze dried Seaweed to protect the skin against the appearance of wrinkles and loss of firmness. This treatment stimulates the vital functions and restores cutaneous elasticity. The magic wonders of active marine ingredients are delivered to the heart of the epidermis offering exceptional tone and vitality. Lines and wrinkles are smoothed out; the skin recovers a youthful radiance.

50-minutes ~ \$140 80-minutes ~ \$185 *includes De-Stress Eye Treatment*

Pacific Sunset Foot and hand Ritual *

Renew and energize tired and overworked hands and feet in a bath of organic Eucalyptus, followed by an invigorating scrub rich in Micro-algae to smooth rough areas and slough dead skin. A Shiatsu inspired massage will reduce fatigue, soothe sore muscles and melt away tension.

50-minute Foot Ritual ~ \$65.00

50-minute hand Ritual ~ \$55.00

80-minute hand and foot ritual ~ \$110.00

Thai Foot and hand Ritual *

The perfect Southeast Asia rendezvous, where your hands and feet are welcome and refreshed in a flower bath of orchids and Mandarin essences, followed by an exfoliating scrub containing 21 mineral salts and Geranium to leave skin soft and nourished. Lean back and relax into a Thai inspired foot and leg massage to restore vitality. Vitamin enriched moisturizer infused with warming wild crafted Indonesian Ginger oil hydrates and soothes the skin, leaving you with a sense of balance.

50-minute Foot Ritual ~ \$65.00

50-minute hand Ritual ~ \$55.00

80-minute hand and foot ritual ~ \$110.00

Boswelia Sacra Foot and Hand Ritual *

The aromatic qualities of frankincense have been used in a variety of ways over the centuries. Uses go far beyond simply its sweet smelling qualities. It is used as deodorant, as toothpaste, as a flavoring for food and drink, and in one other inescapable fashion: Medicine. We bring this historical ritual to focus the mind and soothe the body as your hands and feet are bath in Frankincense essential oil. A gentle exfoliation rich in minerals and Frankincense follows to refine the skin. Surrender to a Swedish foot and leg massage with a massage crème infused with vitamins and Frankincense.

50-minute Foot Ritual ~ \$65.00

50-minute hand Ritual ~ \$55.00

80-minute hand and foot ritual ~ \$110.00

**Vegan friendly, organic phyto-extracts, deliver optimum skin health, no Sodium Lauryl Sulfate, or Parabens. Eco friendly with fully proven-effective formulations without animal testing.*

**Frankincense is an aromatic, congealed, resinous sap from a specific variety of trees in the genus Boswelia. Most of the trees in the Boswelia genus are aromatic, and many of them produce a scented resinous sap, but only one tree, Boswelia sacra produces the highest grade of frankincense, also known as "true" incense.*

Signature Massage Rituals

Our unique 2 hour rituals invite you to visit far away destinations. They include Japanese feet refreshment, a welcoming massage, a body polish, a wrap in silky biodegradable sheets, a massage inspired by the chosen destination and an herbal therapeutic tea. All designed to obtain ultimate results you will remember.

Polynesian Journey

Coconut pulp and Sea Salts glide over your skin, gently exfoliating it. You are then cocooned in a Coconut and Spirulina ointment reminding you of the sensation of lying on the beach, gently warmed by the sunrises.

Next a blue lagoon gel metamorphoses the body wrap into a marvelous massage cream. Your therapist will follow the slow, harmonious and enveloping gestures of the lomi lomi massage.

Relaxed and soothed, you experience a feeling of total well-being, in an atmosphere of seductive Polynesian fragrances.

\$250.00

Amazonian Escapade

We begin with a red coral scrub to truly revive and deep cleanse your skin; you are then enveloped in an energizing and deliciously sweet cream made from Cocoa beans, Seaweeds and Guarana. Your massage follows slow and deep movements, working on specific muscle groups to stimulate and regulate vital body functions; delivering a feeling of extreme vitality and regained energy.

\$250

Moroccan Adventure

After a wind of sand polishes and purifies the skin, the entire body is covered with Spices and Ghassoul clays producing a gentle heat to stimulate drain and detoxify. To accompany your ascension a warm Jasmine massage oil guides a firm, rhythmical oriental massage, working on pressure points, gently stretching muscles and joints, improving blood flow and detoxifying the tissues. This treatment delivers mineralizing, replenishing, rejuvenating, and smoothing effects while relieving fatigue and exhaustion resulting in a feeling of ultimate renewal.

\$240.00

Atlantic Dive

Sprinkled over the body, flakes of Seaweeds gently exfoliate the skin. Then bubbly Spirulina seaweed foam wraps the body in a refreshing and invigorating cocoon delivering its wealth of trace-elements and mineral salts. Massaged, kneaded, and stretched by soothing, energizing gestures, your body will be relaxed, toned and revitalized.

\$250.00

Asian Escape

Under a warm enzyme peel that gently cleanses the skin, tension gradually releases. We continue with a caressing mousse prepared with Yuchayu oil, Rice bran and Seaweeds enveloping you in a feeling of absolute calm. The massage is soothing; using caresses, pummeling, kneading and drumming, alternatively applied to the main meridian pathways, stimulating their energy. From the tips of your toes to the roots of your hair, the entire body is treated, both superficially and deep-down. The muscles relax, breathing deepens and you are truly well, in harmony.

\$260.00



FACIALS

Age-Defying Caviar & Pearl Facial

Pure indulgence. Sophisticated, luxurious and decadent. Infuses skin with age defying nutrients to counteract the aging process. This micro-emulsified mask, enriched with shea butter, caviar and pearl, is the ultimate anti aging treatment and natural alternative to Botox.

Caviar and antioxidants firm, brighten, refine and energize the skin to diminish fine lines and wrinkles. Restores radiance instantly.

50-minutes ~ \$200

80-minutes ~ \$250 *includes Eye Treatment*

Clear complexion

Deep pore cleansing, restoring and relaxing facial

A classic facial designed to deeply cleanse, exfoliate and balance the skin. A refreshing seaweed lift-off mask rich in trace minerals combined with bee propolis rich in natural antibiotics and vitamin A is applied to the face to soothe, heal, and strengthen.

50-minutes ~ \$120

80-minutes ~ \$165 *includes Eye Treatment*

Floral Fantasia Facial ~Peel & Mask

Bring radiance back to problematic, pigmented and sun damaged and dehydrated skin with this lacto-floral facial peel. Lactic and Pyruvic flower acids balances the skin's hydration and oil secretion; glycolic acid reduces fine lines and restores luster and translucency to the skin and hylauronic acid refreshes, rejuvenates, moisturizes and clarifies the skin.

50-minutes ~ \$135

80-minutes ~ \$180 *includes Eye Treatment*

Instant Glow Facials

For people on the go with limited time available on their hands, we offer quick, result oriented, relaxing facials.

Briza Del Mar ~ Oxygenating facial.

Revitalizes and brightens. Restores youthful appearance.

Notox~ Anti-wrinkle facial with Escutox. This facial provides radical repair. It increases skin's suppleness and hydration. Relaxes and smoothes harsh wrinkles.

25-minutes ~80.00



EYE TREATMENTS

Marvel eyes ~ This treatment fights the effects of fatigue, stress and wrinkles around the eye contours. It stimulates the delicate eye area without aggression, restructures and relaxes the eye lids and deflates any puffiness

25-minutes ~50.00

Revital eyes ~ This treatment with 100% pure marine collagen, freeze-Dried and Micronized, smoothes and reduces the appearance of fine lines and revitalizes the skin around the eye contour area. Firms and reduces crepiness and wrinkles

25-minutes ~50.00



FINISHING TOUCHES

Full Face Wax ~ \$75.00

Chin, Lip, and Brow ~ \$65.00

Lip and Brow ~ \$50.00

Brow Shape ~ \$30.00

Lower Legs ~ \$50.00

Upper Legs ~ \$60.00

Bikini Line ~ \$40.00

Full Leg (Including Bikini Line) ~ \$120.00

Full Arm ~ \$65.00

Underarm ~ \$35.00

Back ~ \$75 & up

DAY PACKAGES

Spa Experience

25-minute Massage
25-minute Notox facial
Spa Manicure
\$190.00

Executive Retreat

50-minute Massage
50-minute Clear complexion Facial
Spa Pedicure
\$300.00

Hers Body Rejuvenation

50-minute Massage
50-minute Las Delicias Facial
Spa Manicure & Pedicure
\$370.00

His Body Rejuvenation

50-minute Massage
50-minute Skin Fit Facial
Spa Manicure & Pedicure
\$370.00

Pleasures from the Vine

Chardonnay Vitalite Signature Body Treatment
50-minute Mar y Tierra Rejuvenating Facial
Spa Manicure & Pedicure
\$460.00



Hand and Foot Rituals

Thai Foot ritual ~ \$65
Thai Hand Ritual ~ \$55
Thai Hand and Foot ~ \$110.00

Pacific Sunset Foot Ritual ~ \$65
Pacific Sunset Hand Ritual ~ \$55
Pacific Sunset Hand and Foot Ritual ~ \$110

Boswelia Sacra foot ritual ~ 65
Boswelia Sacra Hand Ritual ~55
Boswelia Sacra Hand and Foot Ritual ~\$110



BODY TREATMENTS

80-minutes

Green Tea Wrapsody ~ Aromatherapy Treatment

Breathe in tranquility while your body relaxes and stress slips away. A warm Green Tea masque infused with the natural anti-oxidant properties of both China Cut Green Tea leaves and Japanese Green Tea Extract envelops the entire body for the ultimate rejuvenation experience. This body quenching wrap has the exceptional moisturizing qualities and provides immediate skin softening results.

50-minutes ~ \$110

Seaweed Basket

The ultimate detoxification: the double action of self heating seaweed and Fucus seaweed make you sweat away toxins. Additionally green clay immediately absorbs the body's toxins and skin impurities.

50-minutes ~ \$110

Emerald Frappuccino Body Delight

Before hitting the beach, indulge in a slimming and firming body wrap that delivers espresso results with zero calories. Reduce inches and smooth the dimpled look of cellulite. Detoxifying phyto extracts, found naturally in green coffee, are the basis of this holistic, cellulite-fighting body wrap. Revive, refresh and unwind. Green coffee improves circulation, oxygenates sluggish tissue and renews the skin.

80-minutes ~ \$140

Mango-Passion Fruit Scrub and Wrap*

This Firming, brightening, and invigorating treatment takes off with a mouth watering saltmousse scrub enriched with squaline oil, mango and passion fruit extracts. Water will transform this saltmousse into a fluffy lather, that subsequently will deliver negative ions and powerful tropical fruit extracts into the skins. This exfoliation is followed by a delicious Mango-Passion Fruit Yogurt Wrap rich in fruit acids, potassium, calcium, glucose, and maltose, gamma essential fatty acids, and infused with the repairing power of Vitamin C. The skin emerges revived, refreshed, smother, firmer, and vividly brighter.



JUST FOR MEN

Men's "Must Have" Massage

All massage therapies can be tailored just for men with woodsy, sensual scents such as Cedarwood, Sandalwood, Rosemary, Cypress or Peppermint.

25-minutes ~ \$75.00 50-minutes ~ \$125.00
80-minutes ~ \$175.00 110-minutes ~ \$215.00

Pacific Sunset Pedicure

This one's good for the sole. Renew tired and overworked feet. The perfect jogger's bliss treatment

50-minutes ~ \$65

Pacific Sunset Manicure

50-minutes ~ \$55

Pacific Sunset Manicure and Pedicure

80-minute ~ \$110.00

Clear complexion~ Deep pore cleansing, restoring and relaxing facial

A classic facial designed to deeply cleanse, exfoliate and balance the skin. A refreshing seaweed lift-off mask rich in trace minerals combined with bee propolis rich in natural antibiotics and vitamin A is applied to the face to soothe, heal, and strengthen.

50-minutes ~ \$120

80-minutes ~ \$165 *includes Eye Treatment*

SkinFit Facial

This facial works hard to heal and calm men's stressed-out skin, especially in the sensitive bear area.

50-minutes ~ \$140

80-minutes ~ \$185 *includes De-Stress Eye Treatment*



MASSAGE THERAPIES

Swedish Massage

This classic massage utilizes long, flowing strokes and kneading techniques to improve circulation and relieve tension throughout the body.

25-minutes ~ \$65.00 80-minutes ~ \$170.00
50-minutes ~ \$120.00 110-minutes ~ \$210.00

Therapeutic Massage

Relieves tension and reduces the negative effects of everyday life by relaxing your mind and body with combinations of Sports Massage, Deep Tissue, Acupressure, Swedish massage and Reflexology.

25-minutes ~ \$65.00 80-minutes ~ \$170.00
50-minutes ~ \$120.00 110-minutes ~ \$210.00

Shiatsu Massage

A traditional Japanese hands-on therapy. Shiatsu technique refers to the use of fingers and palm of one's hand to apply pressure to particular sections on the surface of the body for the purpose of correcting imbalances of the body, and for maintaining and promoting health. While receiving shiatsu you are fully clothed.

25-minutes ~ \$65.00

50-minutes ~ \$120.00 80-minutes ~ \$170.00

Aromatherapy Massage

Aromatherapy massage combines the nurturing art of massage with the use of pure essential oils that are applied to the skin for an overall relaxing, revitalizing, detoxifying - balancing effect for body.

25-minutes~ \$70 80-minutes ~ \$175.00
50-minutes ~ \$125.00 110-minutes ~ \$215.00

Indian Head massage

This massage is given to aid in the process of relieve of psychological stress, manage pain and improve circulation

25-minutes~ \$70

Pregnancy Massage

This tailor made expecting mother massage is designed to relieve tired, aching back and feet. As tension melts away, both mother and baby can relax and enjoy the journey.

50-minutes ~ \$125.00

We request your physician's written consent.

Deep Tissue Massage

Deep tissue techniques are generally designed for more focused massage work. Working a specific joint, muscle or muscle group, the

practitioner can access deeper layers of the soft tissue. Starting superficially and easing into the depth of the muscle slowly to release chronic patterns of muscular tension and discomfort.

25-minutes ~ \$65.00 80-minutes ~ \$170.00
50-minutes ~ \$120.00 110-minutes ~ \$210.00

Reflexology Massage

Massage of pressure points on hands and feet using thumb and finger walking as well as static pressure to unblock flow of energy through the entire body and accelerate natural healing abilities.

25-minutes ~ \$65.00 50-minutes ~ \$120.00

In -Suite massage

Enjoy a massage of your choice in the privacy of your guest room.

50-minutes ~ \$140.00 80-minutes ~ \$210.00

Table Thai Massage

Using Slow, gentle rocking movements, the therapist applies compressions with thumbs, palms, elbows, knees and feet to harmonize vital life energies. This treatment leaves relaxed yet energized and more flexible. Please wear loose, comfortable clothing.

50-minutes ~ \$120.00

80-minutes ~ \$170.00

Hawaiian Lomi Lomi Massage

Historically passed from generation to generation, this traditional Hawaiian healing massage embraces your entire being with rhythmic, flowing strokes to release muscle tension, relax your mind, and engage your spirit.

50-minutes ~ \$120.00

80-minutes ~ \$170.00

- ❖ *Prices are subject to change without notice*
- ❖ *In-suite massage requires a 24 hour notice*